

Year Group	Autumn	Spring	Summer	Key Concepts	Vocabulary (Terminology)
EYFS	Gymnastics – travelling Body control Ball handling	Dance Body control (throwing/kicking/catching)	Dance Athletics	Movement Using skills and techniques	Ball Throw Catch
Year 1	Gymnastics – travelling Ball skills – send and receive Football Dance – leaf dance	Dance – African dancing Netball Orienteering Health & fitness – parachute games	Athletics Strike and Field Tennis	Dance Cooperation Competition Attack/defend	Pass Under Over
Year 2	Netball Gymnastics Dance	Bootcamp – circuits (running, ball skills, body control) Hockey	Gym –Apparatus Athletics Cricket	Challenge Participation Analysis	Bat Fielder
Year 3	Dance Netball/basketball Gym 1 Football	Hockey Rugby Rounders Cricket	Tennis Athletics Rounders Orienteering	Evaluation Health and fitness Swimming	Movement Unison Beats (e.g. of 8)
Year 4	Football Gym – shapes Hockey Dance	Netball Gym Tennis Volleyball	Rounders Swimming Athletics Tag rugby		Sportsmanship Teamwork
Year 5	Gym – shapes Football Gym – flight Hockey	Rugby Dance – rainforest/jungle Netball Tennis	Rounders Athletics Cricket		Evaluation Participation
Year 6	Football Handball Street dance Hockey	Gym Dance Basketball Tennis	Tag rugby Athletics Rounders Cricket		Attack Defend