

# PSHE AT ANDREWS' ENDOWED

Love

Courage

Respect

Our PSHE provision develops the knowledge, skills and attributes our pupils need to keep themselves healthy and safe, and prepared for life and work.

We make every effort for our PSHE curriculum to have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

Our Programme of Study for PSHE education aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

## Health and Wellbeing

1. what is meant by a healthy lifestyle
2. how to maintain physical, mental and emotional health and wellbeing
3. how to manage risks to physical and emotional health and wellbeing
4. ways of keeping physically and emotionally safe
5. about managing change, including puberty, transition and loss
6. how to make informed choices about health and wellbeing and to recognise sources of help with this
7. how to respond in an emergency
8. to identify different influences on health and wellbeing



## PSHE EDUCATION

Statutory duties  
[Education Act 2002](#)  
[Academies Act 2010](#)

Provide a balanced and broadly-based curriculum  
 Essential in relation to personal development, behaviour, welfare and safeguarding.

The relationships and health aspects of PSHE education [will be compulsory in all schools from 2020](#).



## Relationships

1. how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. how to recognise and manage emotions within a range of relationships
3. how to recognise risky or negative relationships including all forms of bullying and abuse
4. how to respond to risky or negative relationships and ask for help
5. how to respect equality and diversity in relationships



## How does it help our pupils?

To develop the knowledge, skills and attributes they need to manage life's challenges and make the most of life's opportunities.

Can address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, emotional health.

Can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.

Makes a unique contribution to safeguarding.



## Living in the wider world

1. about respect for self and others and the importance of responsible behaviours and actions
2. about rights and responsibilities as members of families, other groups and ultimately as citizens
3. about different groups and communities
4. to respect diversity and equality and how to be a productive member of a diverse community
5. about the importance of respecting and protecting the environment
6. about where money comes from, keeping it safe and the importance of managing it effectively
7. the part that money plays in people's lives
8. a basic understanding of enterprise

## How should it be taught?

Timetabled in the same way as any other subject.  
 One hour per week of discrete PSHE education.

Whole school approach. Opportunities to enhance the learning through other subjects and events.  
 Discrete lessons.

It is not possible to achieve continuity, progression and meaningful assessment from a cross-curricular approach.



## Assessment

Regular opportunities to reflect on and identify what they have learned, what needs to be learned next and what they need to do to continue their learning.

To recognise and evidence progress and attainment in the knowledge, understanding, skills and attributes PSHE strives to develop.

Collection of baseline activity data.

Used to inform the teacher's planning for that module.

End of topic progress activity

Use of mindmaps to document growth in understanding

